

UW Medicine

UW SCHOOL
OF MEDICINE

Diabetes Update for Primary Care Providers

Friday & Saturday

March 4 - 5, 2016

Husky Union Building Ballroom
University of Washington Campus
Seattle, WA



Sponsored by the University of Washington School of Medicine
Department of Medicine, Division of Metabolism, Endocrinology and Nutrition
Office of Continuing Medical Education

Diabetes Update for Primary Care Providers

March 4 - 5, 2016

WHO SHOULD ATTEND

Primary care providers - including family medicine physicians, internists, nurse practitioners, physician assistants, nurses and others with an interest in diabetes care

COURSE DESCRIPTION

This is a comprehensive course on diabetes geared towards primary care providers. There is an immense need for education as the incidence of diabetes in the general population reaches 10%; primary care clinics carry the major burden of these patients. Didactic lectures and interactive workshops offered in this program will provide information on current classification of diabetes, glycemic targets, as well as effective diagnostic and management strategies using available therapeutic modalities. A highlight of this course is an update on the use of newly available pharmacologic agents for diabetes. Current therapies in obesity, management of diabetic kidney disease and lipid disorders in diabetes will be reviewed. Offerings also include workshops which provide interactive case discussions on medical nutrition therapy as well as use of oral and injectable agents. Other timely topics include discussions on preparing patients for surgery/procedures, cost issues and use of technology in diabetes management.

COURSE OBJECTIVES

Upon completion of this activity, attendees should be able to:

- Identify the type of diabetes for any given patient and provide adequate therapies based on the classification
- Discuss new therapeutics and older agents to treat diabetes
- Recognize the role of medications vs. surgery in the management of obesity
- Screen, diagnose and treat early kidney disease in diabetes
- Identify and appropriately manage lipid disorders in diabetes

ACCREDITATION

Accreditation with Commendation

The University of Washington School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

Credit Designation

The University of Washington School of Medicine designates this live activity for a maximum of *10.25 AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Application for CME credits has been filed with the American Academy of Family Physicians. Determination of Credit is pending.



FEES AND REGISTRATION

MD/DO/PhD	\$295.00
Allied Health	\$245.00
Resident/Fellow	\$95.00

The fee for this course includes catering, all instruction materials and transcript of *AMA PRA Category 1 Credits™*. To ensure enrollment, please complete the enclosed registration form and forward it with the appropriate tuition. Allow up to fifteen working days to receive your email confirmation of enrollment. If you have not received confirmation prior to your departure for the course, please contact the Continuing Medical Education office at 206.543.1050. Continuing Medical Education will not be responsible for expenses incurred by an individual who is not confirmed and for whom space is not available at the course.

ONLINE SYLLABUS

Syllabus materials will be available for download at uwcme.org (for conference registrants only). The password for the download website will be sent with your registration confirmation email. Materials will be available from **February 29 - June 4, 2016**, for registrants to print and/or download. A booklet with the conference agenda and pages for note-taking will be provided at the conference.

ATTENDANCE POLICY

Course activities are exclusively reserved for course attendees. Badges provided at registration are required for entrance into all functions and this requirement will be strictly enforced.

UW CME takes into consideration diverse nutritional preferences and restrictions when planning our complimentary menu. However, those individuals who might find that our menu is not completely aligned to their specific nutritional needs are welcome to bring their own food items.

CHILD CARE POLICY

In consideration of other participants and speakers, please do not bring infants/children into conference sessions.

CANCELLATION POLICY

The Office of Continuing Medical Education must receive written notification of your cancellation by **February 22, 2016**. A \$50.00 processing fee will be deducted from refund requests received by this date. No refunds will be issued following **February 22, 2016**. The Office of Continuing Medical Education reserves the right to cancel this course twenty (20) days prior to the course date when a minimum enrollment is not met or for other reasons that prevent the University from holding the course. Each registrant will be notified by telephone followed by written notification and a full refund. The University of Washington is not responsible for any other costs incurred such as non-refundable airline tickets or hotel penalties. Contact CME Registrar with questions **call 206.543.1050, fax 206.221.4525 or email cme@uw.edu**.

SPECIAL SERVICES

Continuing Medical Education at the University of Washington is a totally self-sustaining unit and does not depend on or receive public monies in support of its educational efforts. Fees for this course are estimated to cover the costs of conducting this course. These costs include salaries, registration and credit, handouts, record keeping, faculty planning and evaluation and may include food, alcohol, taxes and gratuities to vendors. The University of Washington reaffirms its policy of equal opportunity regardless of race, color, creed, religion, national origin, sex, sexual orientation, age, marital status, disability, or status as a disabled veteran or Vietnam era veteran in accordance with University policy and applicable federal and state statutes and regulations. The University of Washington is committed to providing access and reasonable accommodation in its services, programs, activities, education and employment for individuals with disabilities. To request disability accommodation in the application process contact the department at: 206.543.1050 or the Disability Services Office at least ten days in advance.

Contact Disability Services Office

206.543.6450/Voice • 206.543.6452/TTY • 206.685.7264/Fax • e-mail: dso@u.washington.edu

HOTEL ACCOMMODATIONS

The following hotels are located near the conference site. To make reservations, please call the hotels directly. No room block has been reserved.

Watertown Hotel

4242 Roosevelt Way NE
Seattle, WA 98105
206.826.4242 or 866.944.4242
Rates depend on availability
Ask for UW CME conference rate

Silver Cloud Inn

5036 25th Avenue NE
Seattle, WA 98105
206.526.5200 or 800.205.6940
Rates depend on availability
Ask for UW CME conference rate

Course Faculty

COURSE CO-CHAIRS

Irl B. Hirsch, MD
Professor
Department of Medicine
Division of Metabolism,
Endocrinology & Nutrition

Savitha Subramanian, MD
Assistant Professor
Department of Medicine
Division of Metabolism,
Endocrinology & Nutrition

UW FACULTY

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Acting Instructor
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Associate Professor
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Division of Nephrology

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Diabetes Care Center

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Lorena Alarcon-Casas Wright, MD
Clinical Assistant Professor
Department of Medicine
Division of Metabolism,
Endocrinology & Nutrition

Friday, March 4, 2016

7:15 Registration and Continental Breakfast

- 7:50 Welcome & Introduction
Irl Hirsch, MD
- 8:00 Diagnosis and Classification of Diabetes in 2016
Lorena Wright, MD
- 8:45 Glycemic Targets in Diabetes: Current Recommendations
Anthony DeSantis, MD
- 9:30 Use and Limitations of A1c and Other Diabetes Biomarkers
Irl Hirsch, MD
-

10:00 Break

- 10:20 Obesity Update 2016
Karen Foster-Schubert, MD
- 11:05 New Drugs for the Treatment of Diabetes
Dace Trence, MD
-

11:50 Lunch (provided)

- 12:45 Insulin Therapies for Type 2 Diabetes
Tracy Tylee, MD
-

1:30 Break

Workshop Sessions 1, 2 & 3 (choose one for each session)

- A. Nutrition Therapy for the Primary Care Provider
Alison Evert, RD, CDE
- B. Use of Newer Oral Anti-hyperglycemic Agents
Alan Faylor, MD
- C. New Information on the Old: Metformin, Sulfonylureas & Thiazolidinediones
Subbulaxmi Trikudanathan, MD
- D. Practical Approach to Use of Insulin
Brent Wisse, MD
- E. Diabetes Technology for the Primary Care Provider
Savitha Subramanian, MD

- 1:45 Workshop Session 1
-

2:30 Break

- 2:45 Workshop Session 2
-

3:30 Break

- 3:45 Workshop Session 3
-

4:30 Adjourn

Saturday, March 5, 2016

7:30 Sign-In and Continental Breakfast

8:00 Management of Diabetic Kidney Disease
Ian de Boer, MD

8:45 Current Guidelines and Management of Dyslipidemia in Diabetes
Savitha Subramanian, MD

9:30 Break

Workshop Sessions 4, 5 & 6 (choose one for each session)

F. Practical Aspects of Non-insulin Injectable/Incretin Therapies
Kathryn Berkseth, MD

G. Preparing Your Patients with Diabetes for Surgery/Procedures
Jing Chao, MD

H. Difficult Dyslipidemia Cases
Savitha Subramanian, MD

I. Diabetes on a Budget
Irl Hirsch, MD

9:45 Workshop Session 4

10:30 Break

10:45 Workshop Session 5

11:30 Break

11:45 Workshop Session 6

12:30 Adjourn

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COURSE FEES

MD/DO/PhD	\$295.00
Allied Health	\$245.00
*Resident/Fellow	\$95.00

REGISTRATION

First	MI	Last
Professional Title <input type="checkbox"/> MD <input type="checkbox"/> DO <input type="checkbox"/> PhD <input type="checkbox"/> RN <input type="checkbox"/> ARNP <input type="checkbox"/> PA <input type="checkbox"/> Other:		
Street		
City	State	Zip
Phone () - Email		

PAYMENT **Residency Program, if applicable*

<input type="checkbox"/> Check (payable to University of Washington) for \$

<input type="checkbox"/> Credit Card charge \$	<input type="checkbox"/> Visa	<input type="checkbox"/> MC	<input type="checkbox"/> Discover
Card #	Exp Date		
Signature	CVV #		

<input type="checkbox"/> UW Budget	Budget Name	Budget #
Box #	Proj	Opt Task

Register online at uwcme.org

WORKSHOPS (select three per row)

Sessions 1, 2 & 3	<input type="checkbox"/> A	<input type="checkbox"/> B	<input type="checkbox"/> C	<input type="checkbox"/> D	<input type="checkbox"/> E
Sessions 4, 5 & 6	<input type="checkbox"/> F	<input type="checkbox"/> G	<input type="checkbox"/> H	<input type="checkbox"/> I	

RETURN COMPLETED REGISTRATIONS

BY MAIL:
UWCME
Box 359441
Seattle, WA 98195-9441

BY FAX:
206.221.4525

CALL:
206.543.1050
with questions